



Streetsbrook Infant & Early Years Academy

PE Curriculum Overview

Year 2

Our Year 2 PE curriculum is supported by Get Set 4 PE

Autumn 1	Fundamentals Children will develop the fundamental skills of balancing, running, changing direction, jumping, hopping and skipping. They will have opportunities to work with a range of equipment and be asked to identify their own and others' strengths and areas for improvement. Children will work collaboratively ensuring they take turns and share equipment and ideas.
	Ball Skills Children will improve their fundamental ball skills, including catching, rolling, hitting a target, dribbling with hands and feet and kicking. They will look to perform these skills with increasing control and accuracy, improving their coordination and balance. Children will work independently, in pairs and in small groups.
Autumn 2	Athletics Children will improve their athletic skills with a focus on running at different speeds, jumping and throwing. In athletic based activities, children will measure their performance, competing to improve their own score and against others. They will work independently and collaboratively and begin to identify areas of strength as well as areas to develop.
	Sending & Receiving Children will develop their sending and receiving skills including throwing and catching, kicking, tracking and stopping a ball. They will work with balls of different sizes, apply their sending and receiving skills in different situations and begin to use equipment to send and receive a ball. Children will work individually, in pairs and in small groups beginning to organise and self-manage some activities.
Spring 1	Gymnastics – Block 1 Children will explore and develop basic gymnastic actions on the floor and using apparatus. They will consider the skills of jumping, rolling, balancing and travelling, individually and in combinations to create short sequences of movements. They will be encouraged to experiment with changes of shape, level and direction and will be have opportunities to provide feedback to their peers. They will learn to work safely around others and whilst using apparatus.
	Target Games Target games are where players send an object towards a target. In this unit children will develop their understanding of the principles of defending and attacking for target games. They will work to improve the skills of throwing, rolling and striking towards a target and will be encouraged to select and apply an appropriate action in relation to the size of the target and their distance from it. Children will apply their skills individually, in pairs and in small groups beginning to organise and self-manage some activities. They will be encouraged to understand the importance of abiding by rules and will learn how to score points and use simple tactics within this context.

Spring 2	Gymnastics – Block 2 Children will continue to explore and develop basic gymnastic actions on the floor and using apparatus. They will consider the skills of jumping, rolling, balancing and travelling, individually and in combinations to create short sequences of movements. They will be encouraged to experiment with changes of shape, level and direction and will have opportunities to provide feedback to their peers. They will learn to work safely around others and whilst using apparatus.
	Invasion Games Invasion games are games where there are two teams and two goals. Teams try to score in the opponent's goal. Examples include football, handball, rugby, netball, basketball, hockey. In this unit children will develop their understanding of the principles of defending and attacking for invasion games. They will develop skills such as sending and receiving with hands or feet and dribbling with hands or feet. They will have the opportunity to play uneven and even sided games, learning how to play by a set of rules and how to score points.
Summer 1	Dance – Block 1 Children will explore space and how their body can move to express an idea, mood or feeling. They will expand their knowledge of travelling actions and build on their understanding of dynamics and expression. Children will explore pathways, levels, shapes, direction and timing and use counts of eight consistently to keep in time with music and a partner. Working independently and with others children will have opportunities to perform and provide feedback using key dance terminology
	Striking and Fielding Games Sticking and fielding games are games where there are two teams, a batting team and a fielding team. Examples include cricket and rounders. In this unit children will develop their understanding of the principles of defending (fielding) and attacking (batting). They will develop skills such as throwing and catching, tracking a ball and striking a ball. They will learn to score points in these types of games, how to play to the rules and use simple tactics. Children will be encouraged to develop their communication skills and to show respect toward others when playing competitively.
Summer 2	Dance - Block 2 Children will continue to explore space and how their body can move to express an idea, mood or feeling. They will expand their knowledge of travelling actions and build on their understanding of dynamics and expression. Children will explore pathways, levels, shapes, direction and timing and use counts of eight consistently to keep in time with music and a partner. Working independently and with others children will have opportunities to perform and provide feedback using key dance terminology.
	Net & Wall Games Net and wall games are games where either a net or wall separates the players. The object is to hit the ball over the net and into the court space opposite and to make it difficult for the opponent to return it. Examples include tennis, badminton, volleyball. In this unit children will develop their ability to throw, catch, track and hit a ball and learn to score according to the rules. They will develop their understanding of attacking and defending principles in net games such as using a ready position to defend their court and placement of a ball into space. Whilst playing in small self-managed groups children will work on showing kindness and respect towards their teammates and opponents.