



Streetsbrook Nutrition Action Group - SNAG

Date: Friday 15 November 2019 **Time:** 9.15am **Venue:** Streetsbrook

Present: Streetsbrook Louise Dorow (PSHE and Eco Leader) Elaine Harvey (Childcare Manager) Community Parents Vikki Sunner Christina Widdop	Children Annora Widdop Neeva Sunner Noah Pemberton Harriet Nicholls Grace Wort Apologies Sandra Grice (Asda) Zoe Jones (Head Lunchtime Supervisor) Nicola Danks (School Cook) Zoe Ward (FFLP Lead Teacher) Sandra Taylor (Solihull Catering)
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Welcome and Introduction Parents and Children were welcomed and introductions were made. Apologies were given for those unable to attend, and the possibility of holding the meeting on a different day of the week was also discussed as, due to the work patterns of some attendees, Fridays can be difficult to make. Preferences were stated as being a Monday or Thursday. It was also discussed that there may be an additional member of the Childcare team joining us too.	Actions
Activity N/A as this was the first meeting of the year. We discussed how last year the team were looking at the link between food and mood, and that this was something that they would be keen to continue this year. Mrs Sunner explained that there is a local farm that would be a great place for the team to visit, as they are able to demonstrate the process from growing the food to the food preparation and sale in their on-site café. It was suggested that parents would drive the children or meet there with them in order to save costs. Miss Dorow said that she would find out more and look in to possible dates for this. The creation of a school 'cook book' was also discussed, and how it could link to a CBeebies programme called 'My World Kitchen'. It was suggested that recipes could come from both parents and children, and for contributions to the book to be requested via a letter to parents.	
Tasting N/a as this was the first meeting of the year. Ideas for what the tastings could be on were discussed. They were as follows: • Is it possible to make healthier sweet treats? • Can you like food that you don't think that you do? • Can you find the hidden fruit or vegetables in food? • Does how food look make you like it or not? Foods that the children disliked were listed as: • Tomatoes • Mushrooms • Celery • Spinach • Onions • Peas • Carrots • Broccoli • And Rhubarb It was agreed that tomato tasting could be the activity at the next meeting.	
Date of Next Meeting To be confirmed	