

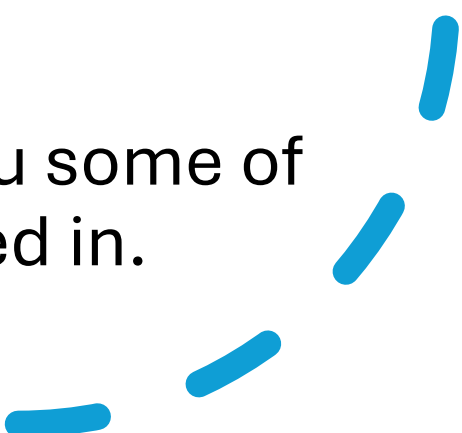
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Mental Health and Wellbeing Day

The children were able to engage in a variety of activities chosen by our School Council. We had lots of outdoor time with plenty of opportunities to exercise and be with our friends. We also had time to engage in team games, crafts and board games.

Solihull Mental Health Team also facilitated an assembly for KS1 and workshops for Year 2 in the afternoon.

The following slides will show you some of the activities the children engaged in.

A series of blue dashed lines are arranged in a curved, upward-pointing arc in the bottom right corner of the slide.





Feelings by Libby Walden

We read this story during assembly
to talk about different emotion
words and how those emotions may
feel.



