



Streetsbrook Infant & Early Years Academy

PSHE Curriculum Overview

Nursery PSHE Curriculum Overview

Term and theme	Lesson content
Autumn 1 Me and My Relationships	Within this topic the children will learn to recognise that they are unique, how to describe different feelings and use this to manage their relationships and to understand that every family is different.
Autumn 2 Valuing Difference	Within this topic the children will learn to recognise that there are differences and similarities between themselves, celebrate their friends and include them and understand that people have different cultures and religions.
Spring 1 Keeping Myself Safe	Within this topic the children will learn what they should do if they feel unsafe, to recognise potential dangers and how to stay safe both inside and outside and the importance of keeping safe around medicines and unknown products.
Spring 2 Rights and Responsibilities	Within this topic the children will learn to take some responsibility for their own health, to describe ways in which they can help others and why they should do so and talk about ways to take care of their home, learning and natural environments.
Summer 1 Being My Best	Within this topic the children will learn about healthy choices and activities, develop their resilience and persistence in their learning and how to work cooperatively with others when faced with a challenge.
Summer 2 Growing and Changing	Within this topic the children will learn about changes within the environment, they will learn to describe the changes in babies, young animals and plants as they grow and they will be able to broaden their expectations beyond potential stereotypes of boys and girls.